



internationalhouse capetown

Speaking to the world

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about international house

The International House World Organisation (IHWO) is a network of language schools worldwide that are committed to implementing high standards of quality and innovation in education and training. There are currently over 150 schools in more than 50 countries. International House (IH) was founded in 1953 by John and Brita Haycraft, with the aim of providing an innovative approach to language teaching. IH has remained at the forefront of development in the field of language teaching and in the training of language teachers.

THE IH CAPE TOWN WAY...

- To have the spirit to succeed and the passion to work harder to be the best.
- To be a respected company in terms of our professionalism, innovation, honesty, trust and integrity.
- To take care in what we do and how we do it, always being fair and treating everybody with respect.

OUR PROMISE...

- Is that we will strive, through our personal involvement and commitment, to provide students and teachers with an enjoyable, fulfilling learning experience that exceeds expectations.




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Cape Town is the unofficial capital of South Africa, and fondly referred to as the "Mother City". It is the provincial capital of the Western Cape, as well as the legislative capital of South Africa, where the National Parliament and many government offices are situated.

Cape Town is one of the most multicultural cities in the world, and is not only the most popular international tourist destination in South Africa, but also one of Africa's most popular international tourist destinations.

And what's not to admire with its good climate, natural setting, and well-developed infrastructure? Not to mention a plethora of diverse attractions, sights and activities – from lavish and luxurious to backpacking on a budget, Cape Town has something for everyone.

The beaches of Clifton and Camps Bay, Table Mountain, Chapman's Peak and the expansive gardens of Kirstenbosch are

just some of the natural attractions. People don't just love Cape Town for its blue sky, though; they're also interested in the colours it takes on after dark. Thousands visit each year solely for the city's vibrant nightlife, entertainment, theatre, talented performers, excellent restaurants, wine estates and bars.

As a student at IH Cape town, you will be much more than just a tourist or a language learner. You will have the opportunity to immerse yourself in the culture of this vibrant city, rapidly improving your English as you soak up the different experiences. You are sure to increase your English language skills both inside and outside the classroom as you become acquainted with this beautiful city.

South Africans are also looking forward to hosting Africa's first ever world cup, the 2010 FIFA World Cup™ in June 2009. This exciting, world-class event is not to be missed.

‘Cape Town is one of the most welcoming cities I have ever been to. I enjoyed the vibrance and colourful nature of the South Africans. Each and every moment in Cape Town was one I will never forget.’

coming to cape town



Meet I "I" is a highly qualified member of the staff at International House Cape Town, whose job it is to seek out exciting and rewarding activities for students while they are busy studying. He seldom sleeps, is always out and about and is loved by all who meet him for his rugged good looks, charming personality and great sense of adventure.

....keep a look out for "I" on our website as he explores Cape Town and the surrounding areas.

our location



- Located in the heart of Sea Point, students can enjoy proximity to a number of exciting attractions.
- Sea Point is situated between Signal Hill and the Atlantic Ocean, a few kilometres to the west of Cape Town's Central Business District (CBD). Moving from Sea Point to the CBD, one first passes through the small suburb of Three Anchor Bay, then Green Point and seaward from Green Point is the area known as Mouille Point (pronounced MOO-lee), where the local lighthouse is situated.
- Sea Point is divided by Main Road and enjoys a bustling 24-hour cosmopolitan

vibe with its many shops, takeaways, restaurants, clubs, internet cafes and coffee bars. Just about everything you need is found in this part of the city and it hums with activity. IH accommodation is also within walking distance from the above hustle and bustle.

■ The famous Sea Point promenade runs the length of Sea Point's beachfront, from Mouille Point to Bantry Bay and is also a hub of activity, particularly in the early morning or late afternoons. A number of children's parks run alongside the promenade and Sea Point beach adjoins an Olympic-sized seawater

swimming pool at the Pavilion.

■ From Bantry Bay along the promenade you reach the trendy and there-to-be-seen beaches of Clifton and Camps Bay.

■ The Green Point Stadium in Cape Town has been transformed into a completely new 70-000 seater, all-weather, multi-purpose, environmentally sustainable, modern, technologically advanced, world-class stadium giving expression to the "African Renaissance Stadium" at the juncture between Table Mountain and the Atlantic Ocean at the southern tip of Africa.



studyenglishat ihcapetown

COURSES

STANDARD ENGLISH	INTENSIVE ENGLISH	BUSINESS ENGLISH
ACADEMIC YEAR PROGRAMME	PRIVATE TUITION	STUDY AND WORK/VOLUNTEER
ENGLISH PLUS	ENGLISH FOR SPECIFIC PURPOSES	EXAM PREPARATION



COURSE TIMES

Morning Classes	09h00 – 12h40
Tea Break	10h40 – 11h00
Lunch Break	12h40 – 13h30
Afternoon Classes	13h30 – 15h10

STANDARD ENGLISH

Contextual lessons are balanced to ensure that students improve their ability to apply language structures (grammar, vocabulary and pronunciation) for authentic communication and improve their reading, writing, listening and speaking skills.

INTENSIVE ENGLISH

Provides further improvement of students' fluency and communicative competence by expanding on vocabulary and practicing speaking skills.

BUSINESS ENGLISH

Lessons include a focus on relevant grammar, vocabulary and pronunciation, as well as on skills practice (reading, writing, speaking and listening) within a business context.

The core syllabus consists of:

- Business Correspondence (Business Writing)
- Telephoning
- Meetings
- Presentations
- Negotiations
- Socialising

ACADEMIC YEAR ABROAD

This programme is for students who wish to study at IH Cape Town for 24 weeks or more. It is ideally suited to:

- Students who are about to enter university or embark on a masters degree.
 - University graduates who wish to give themselves a clear advantage in the workplace and expand their career opportunities.
 - Students wanting to take a worthwhile sabbatical learning English before continuing their education or career.
- An Academic Year coordinator meets regularly with students to ensure a structured focus to the learning process and to assist with any special needs.

PRIVATE TUITION

One-to-one lessons can be either intensive or additional to group lessons.

These lessons are ideal for focusing on English for Specific Purposes (for example Legal English or Medical English) or on English for Academic Purposes, where teachers are able to design their lessons according to students' specific needs. Private tuition is also beneficial for further work on language (grammar, vocabulary and pronunciation) and/or skills practice (reading, writing, listening and speaking).

STUDY AND WORK/VOLUNTEER

Internship

Internship duration from 4 weeks to 6 months.

Volunteer South Africa

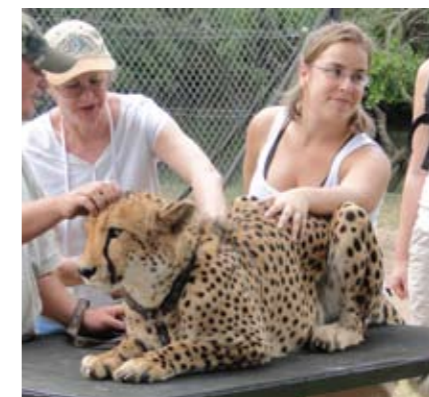
Volunteer is one of our many social and environmental programmes. Humanitarian, Wildlife and Conservation programmes are available.

Work South Africa

Gain valuable work experience in South Africa in either paid or unpaid positions.

ENGLISH PLUS

Combine your English courses with the following exciting programmes:



Cheetah Rehabilitation & Conservation

A unique cheetah summer camp, 20kms from the Kruger National Park. Enjoy a cultural embrace with a difference and get intimate with Africa's wildlife heritage, including a range of activities from rock and wall climbing, conservation and ecology training to mountain biking, river rafting, as well as cultural experiences with the local Shangaan tribe.

Travelling Classroom

A conservation summer camp departing from Johannesburg and travelling through South Africa, Botswana, Namibia and Zambia for 16 days.

4-Day Safari

A 3-night Safari including the Kruger National Park and 1 night's stay in Johannesburg after or prior to the course.



THE INTERNATIONAL
HOTEL SCHOOL
★★★★★

The International Hotel School

The International Hotel School is the largest private hospitality training provider in South Africa, with over 15 years' experience in hospitality education and training. Our qualifications are both internationally and nationally recognized and experiential learning takes place in leading 4- and 5-star properties across South Africa. We guarantee our students a job when they graduate. From its inception, the International Hotel School has owed its success to:

- The commitment of directors and staff to produce the high calibre graduates demanded by industry.
- Providing qualifications that are accepted worldwide.
- Focusing on building confidence by providing training in fully operational environments.

englishforexams

IELTS AND TOEFL

These courses consist of Standard English classes in the morning, followed by exam preparation (either IELTS or TOEFL) in the afternoon.

Students wanting to take these exams in Cape Town are advised to book the exam before the course starts as the exam centres have limited spaces available.

CAMBRIDGE FCE, CAE AND CPE

These exam preparation courses take

place three times a year, starting in January, March/April and September/October. Exam dates are set by Cambridge ESOL and exams are taken in March, June and December.

Courses are intensive and focus on both language (grammar, vocabulary and pronunciation) and skills (reading, writing, listening and speaking) work relevant to each exam. Full mock exams are regularly administered to ensure that students are suitably prepared for their exams.



englishfor specificpurposes



ESP (English for Specific Purposes) refers to any course where the aims of the course are determined by the needs of a specific group of learners. It centres not only on the language (grammar, lexis, register), but also the skills, discourses and genres appropriate to that specific group of

learners. In line with international trends, International House Cape Town offers a range of ESP courses, although additional courses can be designed to suit any specific interest group. Student profiles are collected prior to the delivery of any course to enhance the learning experience.

ENGLISH FOR SECRETARIES & ADMINISTRATIVE PERSONNEL

English for Secretaries and Administrative Personnel is a comprehensive Secretarial and Business course organised into three modules: Listening, Writing and Reading. Each unit provides presentation material of office situations, followed by a comprehensive vocabulary and grammar focus, and skills work. The language level has been carefully graded for use in an Elementary to Pre-Intermediate classroom. Content is continually updated in response to the rapidly changing demands of the business world and the emergence of new technologies.

ENGLISH FOR ENGINEERS IN THE ENERGY SECTOR

English for the Engineers in the Energy Sector is aimed at Intermediate level students who have a basic grasp of English, but who need to use technical and semi-technical vocabulary within specific functional language applicable to the workplace. The course focuses on high-frequency lexis and structures used in the work environment, such as the language of safety, instructions, descriptions of equipment, processes and systems. A comprehensive Glossary provides clear explanations of key terms in common use in the energy industries.

1. Giving basic information
2. Calculating and measuring
3. Describing equipment
4. Giving instructions and warnings
5. Describing systems
6. Talking about safety
7. Making comparisons
8. Describing processes



and procedures
9. Giving advice

ENGLISH FOR NURSING & HEALTHCARE

English for Nursing and Healthcare is targeted at Lower-Intermediate level students of English who wish to study for a career pathway into aged care work, acute health care or nursing. Special emphasis is placed on skills work, particularly listening and speaking with an emphasis on phonetics and pronunciation, in the use of medical terminology. The course will also provide English language

skills development and a general orientation to nursing.

ENGLISH FOR THE AVIATION INDUSTRY

English for the Aviation Industry is targeted at all airline and helicopter pilots who fly internationally and air traffic controllers. The International Civil Aviation Organisation (ICAO) has decided that all airline and helicopter pilots who fly internationally, and all air traffic controllers who provide services to international flights, must have a minimum level of English. These intensive courses are

suitable for groups (minimum 5) of both pilots and ATCOs whose level of English is at present approximately level 3 on the ICAO scale.

TEACHER TRAINING

International House Cape Town runs a wide variety of courses training people to teach English as a Foreign Language (EFL). Amongst other teacher certificates this includes the highly regarded International House TEFL course which enables teachers to teach at any one of the 150 International House languages school around the world.



englishfor younglearners

IH CAPE TOWN YOUNG LEARNER PROGRAMMES

Cape Town: "Cape Town is an iconic destination – it offers a myriad of remarkable and real value-for-money experiences. The Mother City's breathtaking natural beauty and sophisticated tourism infrastructure with world-

renowned attractions and facilities contribute to Cape Town's status as one of the top city travel destination of 2008," says Mariette du Toit-Helmbold – CEO of Cape Town Tourism

LANGUAGE PROGRAMME

The very popular young learner English

courses at IH have been designed by IH World to meet the needs of all young learners. Our focus is to unlock the language that the student is already aware of and is structured to cover such aspects as conversation work, discussions, listening and reading practice, role play with a small amount of written work included. Up to date teaching methods and material, and the buzz within the classes, create an informal and happy environment. The programme consists of 20 lessons per week.

LEISURE PROGRAMME

Our comprehensive leisure programme caters for the needs of the young.

ACCOMMODATION

At IH Cape Town we have various options for our young learner groups.

TRANSFER

IH Cape Town provides transfers to and from the airport, which is approximately 20-30 minutes' drive away. This service is included in the young learners package.



TEN THINGS TO DO IN CAPE TOWN

- Shark diving in Gansbaai
- The breathtakingly beautiful tour to Cape Point
- Horse riding on Noordhoek Beach
- Visit The Two Oceans Aquarium at the V&A Waterfront
- A visit to Robben Island
- Visit the penguins on Boulders Beach
- Enjoy the gardens at Kirstenbosch
- Top up your tan on Camps Bay Beach
- Hike up Lions Head
- Explore Greenpoint Market



EXAMPLE YL	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
07:30-08:30	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
09:00-10:40	Class	Class	Class	Class	Class	Cape Point
10:40-11:00	Tea Break	Tea Break	Tea Break	Tea Break	Tea Break	
11:00-12:40	Class	Class	Class	Class	Class	
12:40-13:30	Lunch	Lunch	Lunch	Lunch	Lunch	
13:30-17:00	City Tour		V&A Waterfront		Aquarium	
19:00-22:00	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner



accommodation



ECONOMY

Ideally situated, our economy accommodation is just a 10-minute walk from our centre, the beaches, Sea Point boardwalk and a variety of cafes, restaurants, convenience stores and boutiques. Our economy accommodation is perfect for budget travellers and accommodates additional foreign nationals also on holiday in Cape Town.

Facilities:

- Bed & Breakfast
- Single and twin rooms
- Shared bathrooms
- Internet access
- Student area
- Laundry service – reasonably priced laundrettes are available in the area as well

SUPERIOR – IH LODGE

Milton Lodge is a self-catering house centrally located in Sea Point. The area around the house is packed with coffee shops, restaurants and internet cafes. Crisp white linens and towels are standard and oversize couches and a big flat screen television & cable TV completes the home-away-from-home feeling. Facilities include a communal kitchen, lounge and a dining area. The kitchen is fully equipped, complete with a Eurogas

Cooker. There is a braai (barbeque) area as well as laundry facilities.

SUPERIOR – IH FLATS

These 10 newly-renovated rooms are within a secure apartment complex and are tastefully decorated. It is set amongst the many cafes, restaurants and boutiques of the bustling Regent Road and is 200 metres from the IH Cape Town Language Centre. This accommodation has a fully-fitted kitchen for students' use. Students who choose this accommodation will be given a breakfast voucher for a local cafe.

Facilities:

- Bed & Breakfast (voucher)
- Single and twin rooms
- Shared bath and en-suite facilities (limited en-suite)
- Laundry service available in the local area
- Bed linen changed weekly
- Towels changed twice weekly

HOTEL, GUESTHOUSES & BACKPACKERS

Cape Town has a large number of reputable hotels from 5-star to the more trendy 2- and 3-star boutique and art hotels.

The variety of guesthouse within the Sea Point area gives our students the

ability to live in a more luxurious type of individually-run guesthouse, with a more personal service for students to enjoy should they be interested.

Cape Town is renowned for its backpacking industry, which has now moved onto greater levels and are often referred to as flashbackers. Within walking distance or a short taxi ride, there are an abundance of these near IH Cape Town.

SUPERIOR HOMESTAY

This choice of accommodation is perfect for students wanting to experience the South African culture while learning English. Students are accommodated in a comfortable room either on their own or sharing with a friend. Our students are carefully matched with a family, which is why we ask for students to send as much information about themselves as possible.

Students will be provided with the following:

- Dinner, Bed and Breakfast
- Standard-sized bed, with a weekly change of bed linen
- Wardrobe space
- Work / study area
- House keys

Laundry can be arranged between students and families. However, laundrettes are available in the area.



study, work & volunteering



The International House 'Study & Volunteer SA' programmes provide students with the unique opportunity of being able to combine English language courses with a diverse range of volunteer projects. This ensures that students not only benefit from learning English, but also from an environment where they can interact with locals, participate in responsible tourism projects and, most importantly, leave a personal legacy behind them before returning home. Programmes offer focus on either Humanitarian, Wildlife or Conservation aspects.

The International House 'Study & Work SA' programmes provide young people

with the opportunity to stay in Cape Town at the start of their visit in a supportive and friendly environment to become comfortable with the language and culture before transferring to a project or workplace.

There are several types of work for which our students with a cultural exchange visa would be eligible. Each programme includes the attendance on an initial (minimum) 4-week Standard English study course, including accommodation in a superior twin room. The programmes fall under the following categories: Non-placed paid work, placed paid work and Internships.

‘I got to know a lot of interesting people, travelled and lived South Africa through its people, seeing its bright sides but also its dark sides, been in quite a lot of adventures, it left me with a good experience and definitely something to tell home about!’

– Davide (Switzerland)



socials, tours & cultural experiences



TRADITIONAL ZULU DANCERS



SUNSET HORSE RIDE ON NOORDHOEK BEACH



BOARDWALK IN THE TSITSIKAMMA FOREST



STREET ART IN CAMPS BAY



THE DISTRICT SIX MUSEUM



THE CAPE MINSTRAL CARNIVAL

TOP 10 REASONS TO STUDY AT IH CAPE TOWN

1 IH has over 50 years 'experience in quality language education with professional, experienced and friendly staff with a range of courses to suit your requirements.

2 **Sheer Natural Beauty** – Situated on the south-western tip of Africa, Cape Town is recognised as one of the most beautiful places on earth. Voted one of the "Places of a Lifetime" by National Geographic.

3 **Location, Location, Location!** – IH Cape Town is located in the heart of trendy Sea Point so students can enjoy proximity to a variety of exciting attractions from sandy beaches, vibrant restaurants & nightlife, the bustling city centre, V& A Waterfront and the world-famous Table Mountain.

4 **So Affordable** – Recognised as one of the most affordable destinations in the world, Cape Town & the Western Cape offers a range of exciting activities for visitors to enjoy, even in these cash-strapped times.

5 **The Rainbow Nation's cultural melting pot** – Cape Town is a cosmopolitan destination where cultural diversity creates an exciting vibrancy and adds to its creativity.

6 **Diverse Activities & Experiences** – Experience Cape Town and the Western Cape and discover the ultimate combination – from extreme adventure to beaches, nature, wildlife, culture, heritage and vibe!

7 **Great Weather Sheer Natural Beauty** – Warm languid summers and mild, moist winters – conditions that perfectly sum up the Mediterranean climate of Cape Town.

8 **Easy to travel to & from** – Cape Town International Airport is served by 20 international airlines on a weekly basis, linking the destination to every major global hub.

9 **Convenient & Excellent Infrastructure** – Cape Town is the perfect place to stay, easy roads to get about on and endless great places to eat and connect to. Voted best city in Africa and Middle East by US Travel and Leisure

10 **And and and ...so much to do and explore you won't know where to begin !!**



TWO OCEANS AQUARIUM



HOUT BAY LOBSTER FISHERMAN